

LAGAN VALLEY AC FAB FIVE MEETING 1													11th April 2024			
TRACK EVENTS								FIELD EVENTS								
800m SENIOR MEN RACE 2																
Place	BIB			Time												
1	334	Hugo Reilly-Stewart	North Belfast Harriers	2:03.87												
2	337	Oliver Robinson	East Down AC	2:05.31												
3	157	Calum Irvine	Annadale Striders	2:05.45												
4	291	Joshua Muckian	St.Colmans Newry	2:06.52												
5	159	Ethan Isles	North Down AC	2:06.69												
6	252	Rhys McManus	Lagan Valley AC	2:07.04												
7	69	Daniel Dines	North Down AC	2:07.44												
8	448	James Trainor	North Belfast Harriers	2:09.49												
9	407	Adam Withers	East Down AC	2:09.72												
10	283	Chris Moran	North Down AC	2:09.93												
11	325	Fournier Pierre	FSG La Sarraz (Switzerla	2:11.58												
12	210	Eoin McCann	North Belfast Harriers	2:13.04												
13	181	Ian Keys	North Belfast Harriers	2:13.78												
800m SENIOR MEN RACE 1																
Place	BIB			Time												
1	431	Chris George	City of Derry Spartans	2:12.21												
2	381	Ciaran Toner	Belfast Running Club	2:15.81												
3	8	Niall Armstrong	North Belfast Harriers	2:16.23												
4	475	John Paul Shane Coney	Keep Er Lit AC	2:17.36												
5	316	Conn O'Neill	Derry Track Club	2:17.40												
6	123	Darragh Hamill	Keep Er Lit AC	2:19.84												
7	366	David Stewart	Derry Track Club	2:24.02												
8	441	Ryan O'Neill	Keep Er Lit AC	2:25.92												
9	332	Daniel Ranaghan	Dromore A.C.	2:29.10												
10	219	Alan McConnell	North Down AC	2:29.17												
100m UNDER 18 & SENIOR MEN RACE 1																UNDER 18 & SENIOR MEN HIGH JUMP
Place	BIB		w+0.0	Age Group	Time			Place	BIB			Age Group	Height			
1	412	Kacper Zmyslony	St. Colman's College	U18	11.51			1	231	Caleb McFadden	Ballymena & Antrim AC	U18	1.90			
2	458	Cameron McCracken	North Down AC	U18	11.78			2	517	Joshua Knox	City of Lisburn AC	SEN	1.85			
3	460	Ben Kirk	North Down AC	U18	11.92			3	498	Peter Gray	City of Lisburn AC	SEN	1.70			
4	153	Curtis Hughes	North Down AC	U18	11.93			4	330	Ethan Quinn	St Anne's AC	SEN	1.70			

5	84	Patrick Elliott	Speed Development Pro	U18	11.99			5	398	Peter Fryer	City of Derry AC	SEN	1.55	
6	163	Harrison Jamison	Regent House	U18	12.22									
7	295	Oisín Murphy	Armagh AC	U18	12.91			UNDER 18 & SENIOR WOMEN HIGH JUMP						
8	196	Thomas Magee	East Down AC	U18	13.60			Place	BIB			Age Group	Height	
								1	512	Madison Hanna	Lagan Valley AC	U18	1.45	
100m UNDER 18 & SENIOR MEN RACE 2								2	134	Hannah Hayes	City of Lisburn AC	SEN	1.45	
	Place	BIB		w-1.4	Age Group	Time		2	68	Charlotte Dickson	City of Lisburn AC	SEN	1.40	
1	304	Craig Newell	Ballymena & Antrim AC	SEN		10.96		4	83	Katie Elliott	Letterkenny AC	SEN	1.40	
2	27	Amar Brynjarsson	City of Lisburn AC	U18		11.14		5	516	Heidi Knox	City of Lisburn AC	U18	1.35	
3	9	James Armstrong	Orangegrove AC	SEN		11.32		6	456	Hope Daniels	City of Lisburn	U18	1.30	
4	161	Harry Jackson	Loughview AC	SEN		11.75								
5	472	Neil Simpson	City of Lisburn AC	SEN		12.24		UNDER 18 & SENIOR MEN SHOT PUTT						
6	73	Shéa Donald	Orangegrove AC	U18		12.25		Place	BIB			Age Group	Distance	5kg
7	492	Matthew Irvine	Orangegrove AC	SEN		12.38		1	207	Niall McAufield	Lagan Valley AC	U18	7.99	
8	168	Ajith Joy	City of Lisburn AC	SEN		12.62		1	103	Joe Frey	Lagan Valley AC	SEN	8.63	5kg
								2	188	Declan Leung	Mid Ulster AC	SEN	5.93	7.26kg
100m UNDER 18 & SENIOR MEN RACE 3								1	290	Barry Morris	Lagan Valley AC	M70	7.42	4kg
	Place	BIB		w-0.7	Age Group	Time								
1	312	Caolán Ócuinn	Lagan Valley AC	SEN		11.46								
2	3	Joseph Aidoo	Letterkenny AC	SEN		11.55		UNDER 18 & SENIOR WOMEN SHOT PUTT						
3	497	Andrew Proctor	Lagan Valley AC	SEN		11.60		Place	BIB			Age Group	Distance	
4	268	David Miller	Omagh Harriers	SEN		12.15		1	455	Ruby Kennedy	City of Lisburn AC	U18	9.16	
5	121	Odhran Grimes	Letterkenny AC	SEN		12.33		2	282	Anna Moran	North Down AC	U18	8.56	
6	133	Alex Harrower	City of Lisburn AC	U18		12.46		3	198	Lucy Markwell	Hunterhouse	U18	7.34	
7	188	Declan Leung	Mid Ulster AC	SEN		14.82		4	329	Emma Quinn	St Anne's AC	U18	6.95	
8	103	Joe Frey	Lagan Valley AC	SEN		15.66								
								1	500	Brynja Brynjarsdottir	City of Lisburn AC	SEN	8.63	4kg
100m UNDER 18 & SENIOR MEN RACE 4								2	112	Lynsey Glover	Lagan Valley AC	SEN	7.60	4kg
	Place	BIB		w-0.3	Age Group	Time		3	491	Erin Savage	Saintfield Striders	SEN	6.43	
1	311	seamus ocuinn	Lagan Valley AC	SEN		11.80		4	117	Siobhan Grant	Newcastle AC	SEN	5.90	4kg
2	508	Will McCollum	Speed Development Pro	SEN		11.97								
3	164	Elijah Johnson	Orangegrove AC	U18		12.04								
4	425	Onifade Ayomide	Orangegrove AC	SEN		12.38								
5	515	Harry Nelson	Lagan Valley AC	U18		12.46								
6	302	Kriss Nelson	Lagan Valley AC	SEN		13.23								
7	366	David Stewart	Derry Track Club	SEN		14.06								
100m UNDER 18 & SENIOR WOMEN RACE 1														
	Place	BIB		w-0.5	Age Group	Time								
1	105	Erín Friel	Letterkenny AC	U18		12.77								
2	155	Emma Hutchinson	Ballymena & Antrim AC	SEN		12.85								

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9	211	Lorcan McCann	North Belfast Harriers	2:10.88										
10	184	Matthew Lamont	Dromore AC	2:11.30										
11	213	Luke McCausland	City of Lisburn AC	2:11.76										
12	3209	Joshua Knox	City of Lisburn AC	2:11.87										
13	488	Joe Duggan	Armagh AC	2:15.12										
14	5	Conor Anderson	Armagh AC	2:17.93										
15	406	Charlie Wilson	East coast AC	2:18.65										
16	271	Sam Moffitt	Lagan Valley AC	2:20.92										
17	129	Joshua Hanna	Lagan Valley AC	2:31.06										
800m UNDER 18 & SENIOR WOMEN														
Place	BIB			Age Group										Time
1	461	Ava Diver	Beechmount Harriers	U18										2:17.00
2	286	Olivia Morgan	Lagan Valley AC	U18										2:18.17
3	356	Aisling Smith	Ballymena & Antrim AC	U18										2:21.25
4	269	Joanne Mills	Newcastle AC	SEN	2:21.98									
5	280	Gráinne Moran	Dundalk St Gerard's	U18	2:24.57									
6	473	Tara Jayne Murphy	Keep Er Lit AC	SEN	2:25.31									
7	182	Becka Laffin	NDAC/Glenlola Collegia	U18	2:25.99									
8	143	Katie Hilditch	Ballymena & Antrim AC	U18	2:32.46									
9	421	Jessica Blaney	Lagan Valley AC	SEN	2:33.84									
10	333	Janie Reid	Orangetown AC	U18	2:35.32									
11	137	Kyla Henderson	City of Lisburn AC	SEN	2:38.12									
12	195	Aoife Magee	Lagan Valley AC	U18	2:39.70									
13	282	Anna Moran	North Down AC	U18	2:41.11									
14	167	Pádraig Jordan	Armagh AC	SEN	2:42.99									
15	74	Anna Donnelly	Keep Er Lit AC	SEN	2:44.92									
16	453	Katy Dunn	Lagan Valley AC	SEN	3:01.08									