

LAGAN VALLEY AC FAB FIVE MEETING 1

11th April 2024

TRACK EVENTS

FIELD EVENTS

100m UNDER 18 & SENIOR MEN RACE 1

Place	BIB		w+0.0	Age Group	Time
1	412	Kacper Zmyslony	St. Colman's College	U18	11.51
2	458	Cameron McCracken	North Down AC	U18	11.78
3	460	Ben Kirk	North Down AC	U18	11.92
4	153	Curtis Hughes	North Down AC	U18	11.93
5	84	Patrick Elliott	Speed Development Pro	U18	11.99
6	163	Harrison Jamison	Regent House	U18	12.22
7	295	Oisín Murphy	Armagh AC	U18	12.91
8	196	Thomas Magee	East Down AC	U18	13.60

100m UNDER 18 & SENIOR MEN RACE 2

Place	BIB		w-1.4	Age Group	Time
1	304	Craig Newell	Ballymena & Antrim AC	SEN	10.96
2	27	Arnar Brynjarsson	City of Lisburn AC	U18	11.14
3	9	James Armstrong	Orangegrove AC	SEN	11.32
4	161	Harry Jackson	Loughview AC	SEN	11.75
5	472	Neil Simpson	City of Lisburn AC	SEN	12.24
6	73	Shéa Donald	Orangegrove AC	U18	12.25
7	492	Matthew Irvine	Orangegrove AC	SEN	12.38
8	168	Ajith Joy	City of Lisburn AC	SEN	12.62

100m UNDER 18 & SENIOR MEN RACE 3

Place	BIB		w-0.7	Age Group	Time
1	312	Caolán Ócuinn	Lagan Valley AC	SEN	11.46
2	3	Joseph Aidoo	Letterkenny AC	SEN	11.55
3	497	Andrew Proctor	Lagan Valley AC	SEN	11.60
4	268	David Miller	Omagh Harriers	SEN	12.15
5	121	Odhran Grimes	Letterkenny AC	SEN	12.33
6	133	Alex Harrower	City of Lisburn AC	U18	12.46
7	188	Declan Leung	Mid Ulster AC	SEN	14.82

UNDER 18 & SENIOR MEN HIGH JUMP

Place	BIB			Age Group	Height
1	231	Caleb McFadden	Ballymena & Antrim AC	U18	1.90
2	517	Joshua Knox	City of Lisburn AC	SEN	1.85
3	498	Peter Gray	City of Lisburn AC	SEN	1.70
4	330	Ethan Quinn	St Anne's AC	SEN	1.70
5	398	Peter Fryer	City of Derry AC	SEN	1.55

UNDER 18 & SENIOR WOMEN HIGH JUMP

Place	BIB			Age Group	Height
1	512	Madison Hanna	Lagan Valley AC	U18	1.45
2	134	Hannah Hayes	City of Lisburn AC	SEN	1.45
2	68	Charlotte Dickson	City of Lisburn AC	SEN	1.40
4	83	Katie Elliott	Letterkenny AC	SEN	1.40
5	516	Heidi Knox	City of Lisburn AC	U18	1.35
6	456	Hope Daniels	City of Lisburn	U18	1.30

UNDER 18 & SENIOR MEN SHOT PUTT

Place	BIB			Age Group	Distance	
1	207	Niall McAufield	Lagan Valley AC	U18	7.99	5kg
1	103	Joe Frey	Lagan Valley AC	SEN	8.63	5kg
2	188	Declan Leung	Mid Ulster AC	SEN	5.93	7.26kg
1	290	Barry Morris	Lagan Valley AC	M70	7.42	4kg

UNDER 18 & SENIOR WOMEN SHOT PUTT

Place	BIB			Age Group	Distance
1	455	Ruby Kennedy	City of Lisburn AC	U18	9.16
2	282	Anna Moran	North Down AC	U18	8.56
3	198	Lucy Markwell	Hunterhouse	U18	7.34
4	329	Emma Quinn	St Anne's AC	U18	6.95

8	103	Joe Frey	Lagan Valley AC	SEN	15.66
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100m UNDER 18 & SENIOR MEN RACE 4

Place	BIB		w-0.3	Age Group	Time
1	311	seamus ocuinn	Lagan Valley AC	SEN	11.80
2	508	Will McCollum	Speed Development Pro	SEN	11.97
3	164	Elijah Johnson	Orangegrove AC	U18	12.04
4	425	Onifade Ayomide	Orangegrove AC	SEN	12.38
5	515	Harry Nelson	Lagan Valley AC	U18	12.46
6	302	Kriss Nelson	Lagan Valley AC	SEN	13.23
7	366	David Stewart	Derry Track Club	SEN	14.06

100m UNDER 18 & SENIOR WOMEN RACE 1

Place	BIB		w-0.5	Age Group	Time
1	105	Erin Friel	Letterkenny AC	U18	12.77
2	155	Emma Hutchinson	Ballymena & Antrim AC	SEN	12.85
3	380	Amy Timoney	Finn Valley AC	U18	12.92
4	500	Brynja Brynjarsdottir	City of Lisburn AC	SEN	13.13
5	395	Grace Wallace	Orangegrove AC	U18	13.92
6	456	Hope Daniels	City of Lisburn AC	U18	13.98

100m UNDER 18 & SENIOR WOMEN RACE 2

Place	BIB		w-0.6	Age Group	Time
1	17	Freya Boyce	Loughview AC	U18	12.87
2	414	Aida Zukauskaite	Lagan Valley AC	U18	13.02
3	280	Gráinne Moran	Dundalk St Gerard's	U18	13.32
4	83	Katie Elliott	Letterkenny AC	U18	13.38
5	68	Charlotte Dickson	City of Lisburn AC	U18	13.66
6	327	Anna Privilege	Ballymena & Antrim AC	U18	14.51

100m UNDER 18 & SENIOR WOMEN RACE 3

Place	BIB		w-0.2	Age Group	Time
1	318	Martha Orr	Orangegrove AC	U18	12.95
2	459	Siofra Lavery	City of Lisburn AC	SEN	13.00

1	500	Brynja Brynjarsdottir	City of Lisburn AC	SEN	8.63	4kg
2	112	Lynsey Glover	Lagan Valley AC	SEN	7.60	4kg
3	491	Erin Savage	Saintfield Striders	SEN	6.43	
4	117	Siobhan Grant	Newcastle AC	SEN	5.90	4kg

3	303	Amie Newell	Ballymena & Antrim AC	U18	13.31
4	467	Kate Millar	Lagan Valley AC	SEN	13.88
5	158	Niamh Isles	North Down AC	U18	14.21
6	434	Anna Malone	City of Lisburn AC	U18	17.42

100m UNDER 18 & SENIOR WOMEN RACE 4

Place	BIB		w-0.1	Age Group	Time
1	78	Fern Duffy	Letterkenny AC	U18	13.30
2	516	Heidi Knox	City of Lisburn AC	U18	14.20
3	455	Ruby Kennedy	City of Lisburn AC	U18	14.35
4	135	Juliana Hayes	City of Lisburn AC	U18	15.45
5	240	Aisling McHenry	St Anne's AC	U18	15.54

800m UNDER 18 MEN

Place	BIB			Time
1	95	Tom Fleming	Loughview AC	1:59.53
2	224	Mason McCreery	Loughview AC	1:59.76
3	130	Noah Harper	Lagan Valley AC	1:59.92
4	274	Euan Monro	Loughview AC	2:05.24
5	233	Jude McGann	Lagan Valley AC	2:05.80
6	207	Niall McAufield	Lagan Valley AC	2:07.70
7	418	Reuben Crothers	Lagan Valley AC	2:07.77
8	378	Saul Thompson	North Belfast Harriers	2:08.52
9	211	Lorcan McCann	North Belfast Harriers	2:10.88
10	184	Matthew Lamont	Dromore AC	2:11.30
11	213	Luke McCausland	City of Lisburn AC	2:11.76
12	3209	Joshua Knox	City of Lisburn AC	2:11.87
13	488	Joe Duggan	Armagh AC	2:15.12
14	5	Conor Anderson	Armagh AC	2:17.93
15	406	Charlie Wilson	East coast AC	2:18.65
16	271	Sam Moffitt	Lagan Valley AC	2:20.92
17	129	Joshua Hanna	Lagan Valley AC	2:31.06

800m SENIOR MEN RACE 1

Place	BIB			Time
1	431	Chris George	City of Derry Spartans	2:12.21
2	381	Ciaran Toner	Belfast Running Club	2:15.81
3	8	Niall Armstrong	North Belfast Harriers	2:16.23
4	475	John Paul Shane Coney	Keep Er Lit AC	2:17.36
5	316	Conn O'Neill	Derry Track Club	2:17.40
6	123	Darragh Hamill	Keep Er Lit AC	2:19.84
7	366	David Stewart	Derry Track Club	2:24.02
8	441	Ryan O'Neill	Keep Er Lit AC	2:25.92
9	332	Daniel Ranaghan	Dromore A.C.	2:29.10
10	219	Alan McConnell	North Down AC	2:29.17

800m SENIOR MEN RACE 2

Place	BIB			Time
1	334	Hugo Reilly-Stewart	North Belfast Harriers	2:03.87
2	337	Oliver Robinson	East Down AC	2:05.31
3	157	Calum Irvine	Annadale Striders	2:05.45
4	291	Joshua Muckian	St.Colmans Newry	2:06.52
5	159	Ethan Isles	North Down AC	2:06.69
6	252	Rhys McManus	Lagan Valley AC	2:07.04
7	69	Daniel Dines	North Down AC	2:07.44
8	448	James Trainor	North Belfast Harriers	2:09.49
9	407	Adam Withers	East Down AC	2:09.72
10	283	Chris Moran	North Down AC	2:09.93
11	325	Fournier Pierre	FSG La Sarraz (Switzerla	2:11.58
12	210	Eoin McCann	North Belfast Harriers	2:13.04
13	181	Ian Keys	North Belfast Harriers	2:13.78

800m UNDER 18 & SENIOR WOMEN

Place	BIB			Age Group	Time
1	461	Ava Diver	Beechmount Harriers	U18	2:17.00
2	286	Olivia Morgan	Lagan Valley AC	U18	2:18.17
3	356	Aisling Smith	Ballymena & Antrim AC	U18	2:21.25
4	269	Joanne Mills	Newcastle AC	SEN	2:21.98

